

# Primary Autumn 2017

## Menu - Week 1 – w/c 6/11, 27/11, 18/12



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Vegetable Supreme Pizza</b> <i>with Jacket Wedges</i>	<b>Beef &amp; Vegetable Pie</b> <i>with New Potatoes</i>	<b>Roast Turkey</b> <i>with Roast Potatoes &amp; Gravy</i>	<b>Chinese Chicken with Noodles</b>	<b>Crispy Fish &amp; Chips</b>
<b>Alternative Dish</b>	<b>Neapolitan Pasta</b> **	<b>Mexican Vegetable Chilli</b> <i>with Rice</i>	<b>Cheese &amp; Potato Bake</b>	<b>Vegetable Noodles</b>	<b>Veggie Hot Dog</b> <i>with Chips</i>
<b>Jacket</b>	<b>Baked Beans</b>	<b>Cheese</b>	<b>Tuna Mayo</b>	<b>Baked Beans</b>	<b>Cheese</b>
<b>Sandwich</b>	<b>Ham</b>	<b>Turkey</b>	<b>Cheese</b>	<b>Turkey</b>	<b>Ham</b>
<b>Vegetables</b>	House Coleslaw Peas	Green Beans Cauliflower	Fresh Cabbage Carrots	Broccoli Sweetcorn	Baked Beans Peas
<b>Desserts</b>	<b>Raspberry Fro Yoghurt</b>	<b>Pineapple and Peach Crumble</b> <i>with Custard *</i>	<b>Date Bar</b> <i>served with Yoghurt</i>	<b>Fruit in Jelly</b>	<b>Chocolate and Banana Muffin</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain



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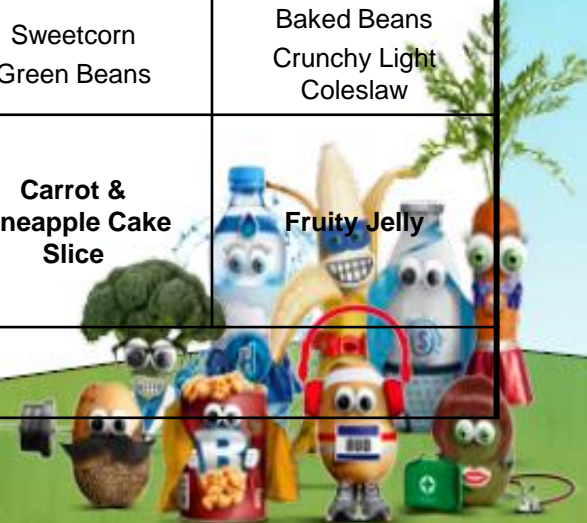
## Menu - Week 2 – w/c 13/11, 4/12,



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Mac 'N' Cheese</b> <i>Macaroni Cheese</i>	<b>Pork Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Roast Pork</b> <i>with Roast Potatoes and Gravy</i>	<b>Beef Chilli</b> <i>with Rice</i>	<b>Golden Fish Fingers &amp; Chips</b>
Alternative Dish	<b>Boston Bean Casserole</b> <i>with Rice **</i>	<b>Vegetarian Sausages</b> <i>with Creamy Mash and Gravy</i>	<b>Quorn Roast</b> <i>with Roast Potatoes with Gravy</i>	<b>Creamy Tomato and Basil Pasta **</b>	<b>Bean and Potato Burrito</b> <i>with Chips</i>
Jacket	<b>Baked Beans</b>	<b>Cheese</b>	<b>Tuna Mayo</b>	<b>Baked Beans</b>	<b>Cheese</b>
Sandwich	<b>Turkey</b>	<b>Tuna Mayo</b>	<b>Cheese</b>	<b>Chicken</b>	<b>Ham</b>
Vegetables	<b>Broccoli Crunchy Salad</b>	<b>Carrots Seasonal Cabbage</b>	<b>Peas Swede</b>	<b>Sweetcorn Green Beans</b>	<b>Baked Beans Crunchy Light Coleslaw</b>
Desserts	<b>Oatie Biscuit</b>	<b>Chocolate and Mandarin Sponge</b> <b>* with Chocolate Sauce</b>	<b>Peaches With Homemade Granola &amp; Yoghurt</b>	<b>Carrot &amp; Pineapple Cake Slice</b>	<b>Fruity Jelly</b>

Cool Water, Fresh Fruit and Yoghurt served daily

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# Primary Autumn 2017

## Menu - Week 3 – 20/11, 11/12



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<b>Mozzarella &amp; Tomato Pizza **</b> <i>with Oven Baked Wedges</i>	<b>Marinated Mild Chicken Tikka Thigh</b> <i>With Rice</i>	<b>Honey roast Gammon or FFL Roast Pork</b> <i>with Roast Potatoes and Gravy</i>	<b>Pasta Bolognese **</b>	<b>Crispy Salmon Fish Finger***</b> <i>with Chips</i>
Alternative Dish	<b>Quorn Sausage and Tomato Pasta Bake **</b>	<b>Cheese and Sweetcorn Quiche</b> <i>with New Potatoes</i>	<b>Shepherdess Pie</b>	<b>Mild Vegetable Curry</b> <i>with Rice</i>	<b>Veggie Quesadilla</b> <i>with Chips</i>
Jacket	<b>Baked Beans</b>	<b>Cheese</b>	<b>Baked Beans</b>	<b>Tuna &amp; Sweetcorn</b>	<b>Cheese</b>
Sandwich	<b>Ham</b>	<b>Turkey</b>	<b>Cheese</b>	<b>Ham</b>	<b>Turkey</b>
Vegetables	<b>Peas</b> <b>Apple Slaw</b>	<b>Broccoli</b> <b>Fresh Salad</b>	<b>Fresh Cabbage</b> <b>Sweetcorn</b>	<b>Green Beans</b> <b>Carrots</b>	<b>Baked Beans</b> <b>Peas</b>
Desserts	<b>Wedges of Melon or Orange</b>	<b>Apple Cracknell</b> <i>with Custard*</i>	<b>Mini Gingerbread Cake</b> <i>With Fresh Fruit *</i>	<b>Chocolate Orange Crispy</b>	<b>Creamy Rice Pudding</b>

Cool Water, Fresh Fruit and Yoghurt served daily

\*Fruit Based \*\*Wholegrain

