



# Sun Safety and High Temperature Policy

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## Statement of intent

At Serlby Park Academy we are committed to ensuring that we meet our health and safety obligations to staff and pupils, including during outdoor activities.

During summer months, there comes the possibility of heatwaves. In these cases, it is exceptionally important to stay in cooled rooms inside, and in the shade outside. As a school, we know that health and safety is of the utmost importance, and it is vital that we address this issue.

Overexposure to the sun's ultraviolet (UV) radiation presents a severe risk to the health and wellbeing of our staff and pupils, with the potential to cause sunburn, blistering and sickness.

This policy outlines the framework in which our school will identify, manage and minimise the risks of UV rays to our staff and pupils. The procedures outlined within this policy should be adhered to by all staff members, pupils, parents and visitors whilst on the school premises or attending a school event.

Signed by:

\_\_\_\_\_ Principal Date: \_\_\_\_\_

\_\_\_\_\_ EAB Chair Date: \_\_\_\_\_

## Legal framework

This policy has due regard to relevant legislation and guidance including, but not limited to, the following:

- The Health and Safety at Work etc. Act 1974
- The Management of Health and Safety at Work Regulations 1999
- Keeping Children Safe in Education 2016

## Minimising risks

To minimise the risk of heatstroke, sunstroke and sun damage, our school will:

- Encourage staff and pupils to keep as much of their skin as possible covered up during the summer months.
- Encourage staff and pupils to use sunscreen of at least sun protection factor (SPF) **15** on any part of the body that they cannot cover up.
- Use sunscreen in accordance with the product's instructions.
- Encourage staff and pupils to take their breaks in the shade, if possible, rather than staying out in the sun.
- Reschedule work/outdoor lessons to minimise UV exposure.
- Encourage staff and pupils to drink plenty of water to avoid dehydration.
- Encourage staff and pupils to protect their face, neck and ears with an appropriate sun hat.
- Encourage staff and pupils to wear appropriate clothing. This includes wearing: Loose fitting shirts and dresses with sleeves and collars and covered necklines. Longer style skirts, shorts or trousers. Tops that cover the shoulder area.
- Pupils will be advised not to wear their jumpers, cardigans or blazers during heatwaves.

## Sunscreen

Pupils and staff will be encouraged to attend school already wearing appropriate sunscreen when necessary

Pupils are asked to provide their own sunscreen in a bottle labelled with their name.

A reserve supply of sunscreen will be stored in the first aid room for pupils who forget theirs

Sunscreen will be stored in a cool, dry place, and the expiry date will be monitored.

Sunscreen will be self-administered, under supervision, wherever possible.

Teachers and other staff members are not encouraged, and cannot be required, to apply sunscreen to pupils, due to the potential for allegations of abuse.

Where a teacher or other staff member agrees to apply sunscreen to pupils, such as to our youngest pupils or to a pupil with SEN, an adult witness should be present and parental consent must be obtained beforehand.

Teachers and other staff members will only apply sunscreen to pupils' faces, necks and arms.

A consent form regards parental permission for school staff to apply and supervise the application of sunscreen to pupils must be completed (available at the school office)

## **PE**

On days above 25°C, PE lessons will only involve activities which are not overly strenuous. Appropriate clothes, hats and sunscreen will be worn, and participants will remain suitably hydrated.

All outdoor activities will be planned to occur in shaded areas. Activities will be set up in the shade and moved throughout the day to stay in the shade.

On occasion PE lessons may be held indoors to prevent any kind of illness resulting from strenuous activities in appropriate conditions.

## **Play times**

On days above 25°C, play times will occur in shaded areas. Activities will be set up in the shade and moved throughout the

day to stay in the shade. Appropriate clothes, hats and sunscreen  
On occasion, play times will be held indoors to prevent any kind of illness resulting from strenuous activities in inappropriate conditions.

### **Hot weather procedures**

There is no prescribed maximum temperature for educational establishments; however, the DfE have suggested a maximum working temperature of 35°C.

Text messages will be sent to parents and carers to remind them to pack a hat and enough water for their child before arriving at the school.

### **Curriculum**

Pupils will be taught about the dangers of the sun and information about sun protection will be incorporated into the curriculum for all ages.

Sun protection will be actively promoted to pupils at key points of the year, such as before and during the summer term, through assemblies, workshops and lessons.



## Parental Consent to Apply Sunscreen

As the parent/guardian of ....., I recognise that too much exposure to ultraviolet radiation may increase my child's risk of sunburn and other associated problems.

I, therefore, give permission to the staff at **Serlby Park Academy** to apply a sunscreen product with a sun protection factor of **15** or higher to my child, as specified below, when he/she will be playing outside, especially during the spring and summer months.

I further understand that sunscreen will only be applied to the face, tops of ears, nose, bare shoulders, arms and arms.

Please tick below all applicable information regarding the use of sunscreen for your child.

I will provide my own suncream labelled with my child's name for use.	<input type="checkbox"/>
Staff may apply sunscreen to my child.	<input type="checkbox"/>
My child has albinism/burns easily.	<input type="checkbox"/>
Staff may NOT apply sunscreen to my child.	<input type="checkbox"/>
I do not know of any allergies my child has to sunscreen.	
Staff may apply sunscreen to my child, but for medical reasons only the following brands should be used:	1. 2. 3.
Staff may apply sunscreen, but only to the following areas of my child's body:	1. 2. 3.

Parent name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature: \_\_\_\_\_

Please return this form to the **school office** as soon as possible.