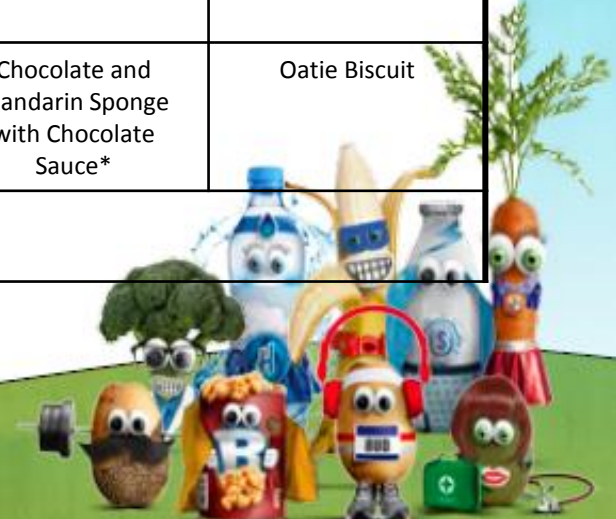


Primary Spring 2017 Menu

Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Ultimate Beef Burger With Bud's Seasoned Wedges	BBQ Pork With Mash	Roast Turkey & Bud's Crispy Spuds & Gravy	Super Mild Beef Chilli & Rice	Crispy Fish & Chips
Alternative Dish	Superhero Veggie Curry (v)	Quorn & Vegetable Lasagne (v)	Super Quorn Roast (v) with Roast Potatoes with Gravy	Butternut and halloumi in a rich tomato sauce(v)	Spicy bean and veg quesadilla
Sandwich	Ham	Cheese	Tuna Mayo	Turkey	Ham
Jacket	Beans	Tuna	Cheese	Beans	Cheese
Vegetables	Crunchy Salad Peas	Green Beans Roasted Veg	Carrots Peas	House Coleslaw Sweetcorn	Baked Beans Peas
Desserts	Silvertop's Yoghurt with Peach Compote*	Crunchy Apple Crumble* with Custard	Ice cream	Chocolate and Mandarin Sponge with Chocolate Sauce*	Oatie Biscuit
Cool Water, Fresh Fruit and Yoghurt served daily *Fruit Based **Wholegrain					



Primary Spring 2017 Menu

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Bangers with a Mash Mountain and Gravy	Beef Stew	Roast Turkey with Bud's Crispy Spuds and Gravy	Chicken with Rice and Peas	Crispy Fish & Chips
Alternative Dish	Sweet Potato & Black Bean Enchilada (v)	Veggie Lasagne (v)	BBQ Pulled Quorn Wrap (v)	Vegetable jambalya (v)	Feta and Beetroot burger(v)
Sandwich	Turkey	Cheese	Ham	Turkey	Ham
Jacket	Tuna Mayo	Beans	Cheese	Beans	Beans
Vegetables	Broccoli Carrots	Green Beans Crunchy Salad	Carrots Peas	Sweet Corn Crunchy Salad	Baked Beans Peas
Desserts	Strawberry Yoghurt	Flapjack	Mini Brownie	Pineapple Upside Down Cake* with Custard	Individual fruit jelly

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain



Primary Spring 2017 Menu

Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	New York Hot Dog <i>with Oven Baked Wedges</i>	Chicken & Tomato Pasta Bake	Roast Gammon with Bud's Mash & Gravy	Creamy Chicken & Mushroom Pot	Crispy Fish & Chips
Alternative Dish	Mushroom Foo Yung (v)	Halloumi and Mushroom wrap (v)	Cauliflower Cheese & Creamed Corn Bake	Sweet Potato Gumbo (v)	Pasta Neapolitan(v)
Sandwich	Ham	Turkey	Cheese	Ham	Turkey
Jacket	Cheese	Beans	Tuna Mayo	Cheese	Beans
Vegetables	Crunchy Salad Sweetcorn	Roasted Veg Chop Chop Salad	Carrots Peas	Broccoli Sweetcorn	Baked Beans peas
Desserts	Silvertop's Cool Ice- Cream Pot	Raspberry Loaf Cake	Chocolate Crispy	Oatie Apple Crumble* with Custard	Flapjack

Cool Water, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain

